

Senior House & Boarders' Menu Lent 24

Week 1

Saturday

Warm Sausage Roll
with Homemade
Soup



Mixed Salad Bar
Cold Meats

Bread Selection

Sliced Fruit
Yoghurts



Sunday

Roast Chicken with
Yorkshire



Roast Potatoes
Peas & Carrots

Mixed Salad Bar
Cold Meats

Bread Selection

Sliced Fruit
Yoghurts



Monday

Tuna Cucumber Roll



Mac 'n' Cheese



Vegie Falafels with
Curry Sauce



Rice
Broccoli

Mixed Salad Bar



Bread Selection

Jam Sponge



Yoghurt Corner



Tuesday

Beef Chilli, Rice &
Tortilla Chips

Chicken &
Vegetable Pie with
Flaky Crust



Vegie Jambalaya



Mash
Sweetcorn

Mixed Salad Bar



Bread Selection

Apple Crumble



Yoghurt Corner



Wednesday

Fish Pie



Pasta Bolognese
& Garlic Bread

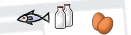


Ravioli in Tomato
Sauce & Garlic
Bread



New Potatoes
Peas

Mixed Salad Bar



Bread Selection

Shortbread



Yoghurt Corner



Thursday

Soup & Melt Day

Tomato Soup

Chicken &
Mushroom Soup

Ham Melts
Tuna Melt
Cheese Melts



Mixed Salad Bar
Cold Meats

Mixed Salad Bar



Bread Selection

Cookies



Yoghurt Corner



Friday

Jumbo Fish Finger



Chicken Korma &
Rice



Vegie Burger



Chips
Baked Beans
Peas

Mixed Salad Bar



Bread Selection

Sticky Toffee
Pudding



Yoghurt Corner



Senior House & Boarders' Menu

Week 1

Saint
John's
college school

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Cheese Burger



Baked Wedges
Baked Beans

Salad Bar
Cold Meats
Bread and Spreads

Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Bolognese Pasta Bake
with Garlic Bread



Broccoli

Salad Bar
Cold Meats
Bread and Spreads

Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Ginger Cake



Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads

Fresh Sliced Fruit

Tuesday

Selection Sandwiches
Fresh Fruit
Flapjack



Supper

BBQ Pulled Pork Bap



Salad Bar
Cold Meats
Bread and Spreads

Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Banana Loaf



Pizza Night



Salad Bar
Cold Meats
Bread and Spreads

Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Chocolate Crispy

Chicken Chow Mein
with Black Bean
Sauce



Salad Bar
Cold Meats
Bread and Spreads

Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Ravioli in Tomato
Sauce



Salad Bar
Cold Meats
Bread and Spreads

Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 2

Saturday

Warm Sausage Roll
with Homemade
Soup



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Beef with
Yorkshire



Roast Potatoes
Broccoli & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Tuna Salad Wrap



Vegie Chilli with Rice
& Tortilla



Cheese & Tomato
Pasta Bake



New Potatoes
Broccoli & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Peach Crumble



Yoghurt Corner



Tuesday

Baked Potato Day

Beef Chilli
Tuna Mayo
Baked Beans
Grated Cheese



Rice
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Chocolate Brownie



Yoghurt Corner



Wednesday

Egg Mayo Roll



Beef Lasagne with
Garlic Bread



Gnocchi In Tomato
& Basil Sauce



Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Shortbread



Yoghurt Corner



Thursday

Cheese Salad Wrap



Roast Loin Pork with
Gravy & Yorkshire



Vegie Sausages with
Gravy & Yorkshire



Roast Potatoes
Carrots & Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Syrup Sponge



Yoghurt Corner



Friday

Pizza Day

Pepperoni Pizza
Ham & pineapple
Pizza

Margarita Pizza



Chips
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Ice Cream



Yoghurt Corner



Senior House & Boarders' Menu

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Baked Potato with Beans and Cheese or Tuna Mayo



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Chicken Curry & Rice

Peas

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Flapjack



Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection Sandwiches
Fresh Fruit
Iced Cake



Supper

Breaded Chicken Breast with Garlic Butter



Sautéed Potatoes
Peas

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Cookie



Chicken Taco



Baked Wedges

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Muffin



Mac 'n' Cheese



Tomato Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For Boarders



Pork Belly with Vegetable Rice



Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 3

Saturday

Warm Sausage Roll
with Homemade
Soup



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Turkey with
Yorkshire



Roast Potatoes
Carrots & Corn

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Cheese Salad Roll



Veggie Stir Fry with
Black Bean Sauce &
Noodles



Minted Pea Risotto



New Pots
Broccoli

Mixed Salad Bar
Cold Meats



Bread Selection



Jam Sponge



Yoghurt Corner



Tuesday

Cajun Spiced
Chicken Jambalaya



Cottage Pie



Quorn Korma & Rice



Peas & Green Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Apple & Pear
Crumble



Yoghurt Corner



Wednesday

Tuna Wraps



Pasta Carbonara

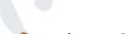


Red Leicester Tart



New Pots
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Fruit Jelly

Yoghurt Corner



Thursday

Soup & Melt Day

Tomato Soup

Sweet Potato &
Coconut Curry Soup

Ham Melt
Tuna Melt
Cheese Melt



Mixed Salad Bar
Cold Meats



Bread Selection



Shortbread



Yoghurt Corner



Friday

Chicken Balti & Rice



Jumbo Pork Sausage



Sweet 'n' Sour Quorn
& Rice



Chips
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Vanilla Cake



Yoghurt Corner



Senior House & Boarders' Menu

Week 3

Saint John's
college school

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake
🌾 🍎

Pizza



Baked Wedges
Peas

Salad Bar
Cold Meats
Bread and Spreads
🌾 🐟 🍎 🥛

Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake
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Beef Lasagne with
Garlic Bread



Broccoli

Salad Bar
Cold Meats
Bread and Spreads
🌾 🐟 🍎 🥛

Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Chocolate Cake
🌾 🍎

Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads
🌾 🐟 🍎 🥛

Fresh Sliced Fruit

Afternoon Tea

Tuesday

Selection Sandwiches
Fresh Fruit
Shortbread
🌾

Supper

Chicken & Chorizo
Pasta Bake



Broccoli

Salad Bar
Cold Meats
Bread and Spreads
🌾 🐟 🍎

Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Cherry Cake
🌾 🍎

Baked Battered Cod



Chips
Baked Beans

Salad Bar
Cold Meats
Bread and Spreads
🌾 🐟 🍎 🥛

Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Muffins
🌾

Roast Pork with
Yorkshire



Roast Potatoes
Carrots & Peas

Salad Bar
Cold Meats
Bread and Spreads
🌾 🐟 🍎 🥛

Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders
🌾

Chinese Chicken
Drumsticks

Veg Rice
Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads
🌾 🐟 🍎 🥛

Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 4

Saturday

Warm Sausage Roll
with Homemade
Soup



Mixed Salad Bar
Cold Meats



Bread Selection

Sliced Fruit
Yoghurts



Sunday

Roast Pork &
Yorkshire



Roast Potatoes
Broccoli & Peas

Mixed Salad Bar
Cold Meats



Bread Selection

Sliced Fruit
Yoghurts



Monday

Tuna Cucumber
Baguette



Margarita Pizza



Roasted Med Veg
with Halloumi



Wedges
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection

Fruit Crumble



Yoghurt Corner



Tuesday

Taco Tuesday

BBQ Pulled Pork
Sweet Chilli Chicken
Beef Chilli & Rice

Cajun Spiced Stir Fry
Quorn



Veggie Chilli & Rice



Salsa
Grated Cheese
Minted Yoghurt



Mixed Salad Bar
Cold Meats



Bread Selection

Chocolate Brownie



Yoghurt Corner



Wednesday

Ham Salad Roll



Meatballs in Tomato
Sauce with Pasta



Aubergine
Parnigiana



New Potatoes
Peas

Mixed Salad Bar
Cold Meats



Bread Selection

Jelly

Yoghurt Corner



Thursday

Warm Ciabatta
Cheese Melts



Roast Chicken Thighs
with Chasseur Sauce



Veggie Cottage Pie



Mash
Carrots & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection

Lam Sponge



Yoghurt Corner



Friday

Sweet 'n' Sour
Chicken



Jumbo Fish Finger



Cheese & Onion Tart



Chips
Rice
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Bread Selection

Flapjack



Yoghurt Corner



Senior House & Boarders' Menu

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Breaded Chicken Dippers with Garlic Butter



Sautéed Potatoes
Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Chinese Chicken Drumsticks

Vegetable Rice
Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Chocolate Chip Cake



Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection Sandwiches
Fresh Fruit
Shortbread



Jumbo Hot Dog with Fried Onions



Baked wedges
Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Supper

Wednesday

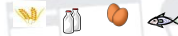
Selection Sandwiches
Fresh Fruit
Lemon Cake



Gammon & Fried Egg

Chips
Baked Beans

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Cookies



Beef in Black Bean Sauce with Noodles



Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For Boarders



Chicken Korma



Rice
Peas

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 5

Saint John's
college school

Saturday

Warm Sausage Roll
with Homemade
Soup

Mixed Salad Bar
Cold Meats



Bread Selection

Sliced Fruit
Yoghurts



Sunday

Roast Turkey &
Yorkshire



Roast Potatoes
Carrots & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection

Sliced Fruit
Yoghurts



Monday

Tuna Baguette



Baked Potato with
Beans & Cheese



Moroccan Spiced
Roast Vegetables
with Cous Cous



Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection

Steamed Chocolate
Sponge



Yoghurt Corner



Tuesday

Cheese Wraps



Jumbo Pork Sausage
& Yorkshire



Veggie Sausages &
Yorkshire



Mash
Carrots & Peas

Mixed Salad Bar
Cold Meats



Bread Selection

Rice Pudding



Yoghurt Corner



Wednesday

Pasta Bolognaise



Tomato & Basil Pasta



Smoked Salmon Tart



New Potatoes
Broccoli & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection

Fruit Crumble



Yoghurt Corner



Thursday

Soup & Melt Day

Tomato Soup

French Onion Soup

Ham Melt
Tuna Melt
Cheese Melt



Mixed Salad Bar
Cold Meats



Bread Selection



Chocolate Crispy

Yoghurt Corner



Friday

Chicken Curry & Rice



Beef Burger in soft
Bap



Beef Tomato &
Halloumi Stack with
Pesto



Chips
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Bread Selection

Ice Cream



Yoghurt Corner



Key Allergens : Celery 🌿 Wheat/Gluten 🍞 Shellfish 🐠 Eggs 🍳 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🌿 Mustard 🧄 Sesame 🌰

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Senior House & Boarders' Menu

Afternoon Tea

Saturday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Ravioli in Tomato
Sauce with Garlic
Bread



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection
Sandwiches
Fresh Fruit
Homemade Cake

Toad in the Hole



Mash
Peas & Corn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection
Sandwiches
Fresh Fruit
Flapjack

Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection
Sandwiches
Fresh Fruit
Iced Sponge

Supper

Beef Lasagne



Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Wednesday

Selection
Sandwiches
Fresh Fruit

BBQ Chicken
Drumsticks

Vegetable Rice
Peas



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection
Sandwiches
Fresh Fruit
Shortbread

Jumbo Fish Fingers



Chips
Baked Beans

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection
Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders

Chicken Chow Mein
with Egg Noodles



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 6

Saturday

Warm Sausage Roll
with Homemade
Soup



Sunday

Roast Beef &
Yorkshire



Monday

Cheese Salad Wrap



Tuesday

Ham Salad Roll



Wednesday

Spiced Chicken
Mayo Roll



Thursday

Tuna Salad Wrap



Friday

Beef & Vegetable
Pie Pie



Pesto Pasta & Garlic
Bread



Tandoori Chicken &
Rice



Beef Lasagne



BBQ Pulled Pork Bap



Jumbo Fish Finger



Roast Potatoes
Carrots & Peas

Roasted Vegetable
Plait



Margherita Pizza



Tomato Pasta Bake



Veggie Hotdog



Quorn Curry & Rice



New Potatoes
Peas & Corn

Wedges
Sweetcorn

broccoli & Green
Beans

Rice
Sweetcorn

Chips
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Mixed Salad Bar
Cold Meats



Mixed Salad Bar
Cold Meats



Mixed Salad Bar
Cold Meats



Mixed Salad Bar
Cold Meats



Mixed Salad Bar
Cold Meats



Mixed Salad Bar
Cold Meats



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Sliced Fruit
Yoghurts



Sliced Fruit
Yoghurts



Jam Sponge



Cookies



Peach Crumble



Syrup Sponge



Flapjack



Yoghurt Corner



Yoghurt Corner



Yoghurt Corner



Yoghurt Corner



Yoghurt Corner



Senior House & Boarders' Menu

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake

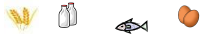


Pasta Carbonara
with Garlic Bread



Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Chicken Chow Mein
with Noodles



Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Shortbread



Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection Sandwiches
Fresh Fruit
Flapjack



Supper

Baked Potato
Baked Beans
Tuna Mayo
Cheese



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Citrus Cake



Breaded Turkey
Burger



Baked Wedges
Peas

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Muffins



Meatballs in Tomato
Sauce with Pasta &
Garlic Bread



Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Pepperoni Calzone



Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit