

Personal, Social, Health and Economic Education (PSHEE) Curriculum Summary

The main aim of the PSHEE curriculum is to help children to grow emotionally and socially. This teaching cannot be limited to a curriculum or a timetabled lesson. The emotional and social development of each child is at the heart of daily school life and the pastoral care of all children at St John's. As the children become more self-aware, they are encouraged to develop a sense of empathy and the qualities of good citizenship. Although there are timetabled lessons each week, the content of the lessons may deviate from the curriculum in order to address a specific issue which may arise as part of the children's experiences of daily living and social interaction at school. The children's committees give the children in T2 – Form 6 an opportunity to make decisions and take a lead in the wider community and with charitable and environmental projects. They are able to put their intellectual knowledge of PSHEE into practice. At St John's we aim to meet the developmental needs of all our pupils, with regard to the learning of spiritual, moral, social, health (physical and mental) and cultural skills.

In 2006, our Byron House teachers, in consultation with the school psychotherapist, began to develop a specialised PSE curriculum for our younger pupils, (KG to Form 1). This part of our PSHEE curriculum is known as the Emotions 4 Learning or E4L curriculum and has its own curriculum summary, [which can be found here](#).

In September 2020, Relationships and Sex Education (RSE) became statutory in all schools. The School's [RSE policy can be found here](#), including the scheme of work for puberty and reproduction followed by children in F3-F6. All teachers of PSHEE regularly review the content of their lessons and update and amend content and deliver with respect to current situations and the needs of all pupils in their care, including those with SEND (this planning may take place with a child's personal assistant if required). The world in which we are living is constantly changing, and the Head of Department, along with those that teach the content are continuously updating and reviewing the schemes of work to ensure that they are relevant and provide the children with the most up to date information and advice. Parents are also consulted in areas such as RSE and internet safety, and their views are considered when reviewing and delivering the lesson content. The whole of the PSHEE curriculum develops themes that are within the Spiritual, Moral, Social and Cultural policy, which has taken in account the requirements of the Equality Act 2010. At the beginning of each term, the children revisit their safety network. Children consider which adults and peers they would approach if in trouble or if they have a worry. They are encouraged to make plans for difficult situations, loneliness, bullying and racism.

Key skills and content:

Form Three	
Michaelmas 1	Safety networks and class agreements Aggressive, assertive and manipulative speaking First impressions Finding out about 3P's hobbies
Michaelmas 2	Hobby projects - linking own hobbies to the school's mindsets for learning Anti bullying week
Digital wellbeing	Project evolve: self-image and identity
Lent 1	Safety networks and class agreements Families Different families and my family

Lent 2	3P stories - learning about friendship and responsibility, recording what they have learned in each story about the characters, the moral of the story and how it reflects on themselves
Digital wellbeing	Project evolve: online relationships
Summer 1	Safety networks and class agreements 3P stories - as above and in science lessons, learning about puberty - emotions and body changes including periods. Trip - sun care, road safety and hydration
Summer 2	Choosing an issue that they would like to write a story about, children are given the list of characteristics of the remaining 3P children - they are invited to create and share their own stories.

Form Four	
Michaelmas 1	Safety networks and class agreements My identity - comparing own with that of others Castaway scenarios - forming social groups etc, acting out social scenarios SOLE - what makes a good community
Michaelmas 2	Making their own town - prioritising services, community issues and scenarios Considering environmentally friendly transport, fuel Anti bullying week
Digital wellbeing	Project evolve: Privacy and security, copyright and security
Lent 1	Safety networks and class agreements Anxieties, values, thinking with head, heart and gut Researching parliament The World of Work
Lent 2	Continuation of researching parliament Careers - the world of work Prejudice and discrimination - witches of glum SOLE 'I had a dream' SOLE 'Windrush' Protected characteristics
Summer 1	Safety networks and class agreements RSE sex ed lessons Emotions, periods, wet dreams, sex
Summer 2	DOVE body image programme also project evolve Health, Well-being and Lifestyle
Digital wellbeing	Project evolve: online reputation managing online information

Form Five	
Michaelmas 1	Safety networks and class agreements Children's rights Healthy eating The sugar tax The importance of sleep
Michaelmas 2	Money Budgeting Anti bullying week
Digital wellbeing	Project evolve: online relationships
Lent 1	Safety networks and class agreements Planning a school improvement within a strict budget

	Working with an unfamiliar group Strengths and weaknesses of peers in group work
Lent 2	Drugs Good / bad drugs Caffeine, smoking, vapes Creation of poster / game
Summer 1	Safety networks and class agreements Completion of drugs work RSE sex ed lessons Healthy relationships
Summer 2	Relationship advice Civil partnerships, marriage Ceremonies in different religions
Digital wellbeing	Project evolve: managing online information self-image and identity

Form Six	
Michaelmas 1	Safety networks and class agreements Wellbeing project - children trial new fitness regimes, a new hobby and wellbeing apps (Project evolve: health, well-being and lifestyle)
Michaelmas 2	Alcohol - following smashed online programme Anti bullying week
Digital wellbeing	Project evolve: digital relationships online reputation
Lent 1	Safety networks and class agreements Risks and safety Completing risk assessment Peer pressure Gambling
Lent 2	Gambling Consent County lines Sexism Character strength survey
Digital wellbeing	Project evolve: Privacy and security copyright and security
Summer 1	Safety networks and class agreements RSE sex ed lessons Scenarios Consent Gender identity
Summer 2	The world of work F6 leavers programme