

Senior House & Boarders' Menu Lent 26

Week 1

Saturday

Warm Sausage Roll
with Homemade
Soup



Filled baguettes



Mixed Salad Bar
Cold Meats

Bread Selection

Sliced Fruit
Yoghurts



Sunday

Roast Chicken with
Yorkshire



Roast Potatoes
Peas & Carrots

Mixed Salad Bar
Cold Meats

Bread Selection

Sliced Fruit
Yoghurts



Monday

Tuna Cucumber Roll



Mac 'n' Cheese



Quorn & Vegetable
Stir Fry



Rice
New Potatoes
Broccoli

Mixed Salad Bar



Bread Selection

Jam Sponge



Yoghurt Corner



Tuesday

Beef Chilli, Rice &
Tortilla Chips



Creamy Chicken &
Vegetable Pie with
Flaky Crust



Veggie Jambalaya



Mash
Sweetcorn

Mixed Salad Bar



Bread Selection

Apple Crumble



Yoghurt Corner



Wednesday

Fish Pie



Pasta Bolognese
& Garlic Bread



Veggie Lasagne with
Garlic Bread



New Potatoes
Peas

Mixed Salad Bar



Bread Selection

Shortbread

Yoghurt Corner



Thursday

Soup & Melt Day

Tomato Soup

Chicken &
Mushroom Soup

Ham Melts
Tuna Melt
Cheese Melts



Mixed Salad Bar



Bread Selection

Cookies

Yoghurt Corner



Friday

Jumbo Fish Finger

Chicken Balti & Rice



Veggie Burger



Chips
Baked Beans
Peas

Mixed Salad Bar



Bread Selection

Sticky Toffee
Pudding



Yoghurt Corner



Senior House & Boarders' Menu

Week 1

Saint
John's
college school

Afternoon Tea

Saturday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Sunday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Monday

Selection
Sandwiches
Fresh Fruit
Ginger Cake



Tuesday

Selection
Sandwiches
Fresh Fruit
Flapjack



Wednesday

Selection
Sandwiches
Fresh Fruit
Banana Loaf



Thursday

Selection
Sandwiches
Fresh Fruit
Chocolate Crispy



Friday

Selection
Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Supper

BBQ Pulled Pork Bap

Veggie BBQ Quorn
Steak Bap

Wedges
Sweetcorn



Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad
Spiced Pears

Breaded Garlic
Chicken

Quorn Dippers



Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Beef & Vegetable
Casserole with
Dumplings

Vegetable Casserole
with Dumplings



Mash
Broccoli



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Marinated Chicken
Drumsticks

Marinated
Vegetable Kebabs

Vegetable Rice
Sweetcorn



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Breaded Turkey
Burger



Veggie Burger



Baked Wedges
Baked Beans



Plain Pasta

Salad Bar
Cold Meats

Bread and Spreads



Fresh Sliced Fruit
Fruit Crumble



Key Allergens : Celery 🌿 Wheat/Gluten 🍷 Shellfish 🦐 Eggs 🍳 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🧴 Mustard 🧄 Sesame 🌰

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Senior House & Boarders' Menu

Week 2

Saint
John's
college school

Saturday

Warm Sausage Roll
with Homemade
Soup



Filled baguettes



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Beef with
Yorkshire



Roast Potatoes
Broccoli & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Tuna Salad Wrap



Veggie Chilli with Rice
& Tortilla Chips



Cheese & Tomato
Pasta Bake



New Potatoes
Broccoli & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Peach Crumble



Yoghurt Corner



Tuesday

Baked Potato Day

Beef Chilli
Tuna Mayo
Baked Beans
Grated Cheese



Rice
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Chocolate Brownie



Yoghurt Corner



Wednesday

Egg Mayo Roll



Beef Lasagne with
Garlic Bread



Gnocchi In Tomato
& Basil Sauce



Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Shortbread



Yoghurt Corner



Thursday

Cheese Salad Wrap



Roast Loin Pork with
Gravy & Yorkshire



Veggie Sausages with
Gravy & Yorkshire



Roast New Potatoes
Carrots & Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Syrup Sponge



Yoghurt Corner



Friday

Pizza Day

Pepperoni Pizza

Ham & pineapple
Pizza

Margarita Pizza



Chips
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Ice Cream



Yoghurt Corner



Key Allergens : Celery Wheat/Gluten Shellfish Eggs Lupin Soya Fish Dairy Molluscs Sulphur Dioxide Mustard Sesame

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Senior House & Boarders' Menu Lent 26

Week 2

Saint
John's
college school

Afternoon Tea

Saturday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Sunday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Monday

Selection
Sandwiches
Fresh Fruit
Flapjack



Tuesday

Selection
Sandwiches
Fresh Fruit
Iced Cake



Wednesday

Selection
Sandwiches
Fresh Fruit
Cookie



Thursday

Selection
Sandwiches
Fresh Fruit
Muffin



Friday

Selection
Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Supper

Spaghetti Bolognaise

Veggie Spaghetti
Bolognaise

Garlic Bread
Sweetcorn

Butchers Beef
Burgers

Veggie Burger



Fries
Sweetcorn

Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Toad in the Hole

Veggie Toad in the
Hole



Mash
Carrots & Peas

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad
Fruit Crumble &
Custard



Chicken Stir Fry

Vegetable Stir Fry



Egg Noodles
Rice



Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Chicken Gyros with
Flat Bread

Vegetable Gyros
with Flatbread



Vegetable Rice
Sweetcorn



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Baked Salmon with
Dill Butter



Crushed New
Potatoes
Peas

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Key Allergens : Celery 🌿 Wheat/Gluten 🍷 Shellfish 🦐 Eggs 🥚 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🧴 Mustard 🧄 Sesame 🌰

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Senior House & Boarders' Menu Lent 26

Week 3

Saturday

Warm Sausage Roll
with Homemade
Soup



Filled baguettes



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Turkey with
Yorkshire



Roast Potatoes
Carrots & Corn

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Egg Mayo Roll



Baked Potato with
Baked Beans &
Cheese



Roasted Butternut
Squash Risotto



Broccoli
Mixed Salad Bar
Cold Meats



Bread Selection



Jam Sponge



Yoghurt Corner



Tuesday

Cajun Spiced
Chicken Jambalaya



Cottage Pie



Quorn Korma & Rice



Peas & Green Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Apple & Pear
Crumble



Yoghurt Corner



Wednesday

Tuna Wraps



Pasta Carbonara



Red Leicester &
Onion Tart



New Pots
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Fruit Jelly

Yoghurt Corner



Thursday

Soup & Melt Day

Tomato Soup

Spiced Parsnip Soup

Ham Melt
Tuna Melt
Cheese Melt



Mixed Salad Bar
Cold Meats



Bread Selection



Shortbread



Yoghurt Corner



Friday

Chicken Balti & Rice



Jumbo Pork Sausage



Sweet 'n' Sour Quorn
& Rice



Chips
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Vanilla Cake



Yoghurt Corner



Senior House & Boarders' Menu Lent 26

Week 3

Afternoon Tea

Saturday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Sunday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Monday

Selection
Sandwiches
Fresh Fruit
Chocolate Cake



Tuesday

Selection
Sandwiches
Fresh Fruit
Shortbread



Wednesday

Selection
Sandwiches
Fresh Fruit
Cherry Cake



Thursday

Selection
Sandwiches
Fresh Fruit
Muffins



Friday

Selection
Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Margarita Pizza



Baked Wedges
Peas

Plain Pasta

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit
Warm Spiced Pear

Roast Beef &
Yorkshire

Veggie Sausage &
Yorkshire

Roast Potatoes
Carrots & Cabbage

Soup & Bread
Plain Pasta

Salad Bar
Cold Meats
Bread and Spreads

Fresh Sliced Fruit



Supper

Breaded Turkey
Burger

Veggie Burger

Fries
Baked Beans

Baked Potato
Plain Pasta

Salad Bar
Cold Meats
Bread and Spreads

Fresh Fruit Salad
Sponge Cake &
Custard



Chilli Chicken
Enchiladas

Veggie Enchiladas

Vegetable Rice
Sweetcorn

Soup & Bread
Plain Pasta

Salad Bar
Cold Meats
Bread and Spreads

Fresh Sliced Fruit



Meatballs in Tomato
& Basil Sauce

Veggie Meatballs in
Tomato & Basil
Sauce

Baked Potato
Plain Pasta

Salad Bar
Cold Meats
Bread and Spreads

Fresh Fruit Salad



Baked Battered Cod



Sautéed Potatoes
Pes

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu Lent 26

Week 4

Saint
John's
college school

Saturday

Warm Sausage Roll
with Homemade
Soup



Filled baguettes



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Pork &
Yorkshire



Roast Potatoes
Broccoli & Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Tuna Cucumber
Wrap



Margarita Pizza



Roasted Med Veg
with Halloumi & Basil
Pesto



Wedges
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Fruit Crumble



Yoghurt Corner



Tuesday

Taco Tuesday

BBQ Pulled Pork
Sweet Chilli Chicken
Beef Chilli & Rice

Cajun Spiced Stir Fry
Quorn

Vegie Chilli & Rice



Salsa
Guacamole
Grated Cheese
Minted Yoghurt



Mixed Salad Bar
Cold Meats



Bread Selection



Chocolate Brownie



Yoghurt Corner



Wednesday

Cheese Salad Wraps



Meatballs in Tomato
Sauce with Pasta



Aubergine
Parmigiana



New Potatoes
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Jelly

Yoghurt Corner



Thursday

Egg Mayo Salad
Baguette



Chicken Gyros with
Flatbread & Tzatziki



Vegetable Gyros
with Tzatziki



Mash
Carrots & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Jam Sponge



Yoghurt Corner



Friday

Sweet 'n' Sour
Chicken



Jumbo Fish Finger



Cheese & Onion Tart



Chips
Rice
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Flapjack

Yoghurt Corner



Key Allergens : Celery 🌿 Wheat/Gluten 🍞 Shellfish 🐚 Eggs 🍳 Lupin 🌱 Soya 🥥 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🍷 Mustard 🌿 Sesame 🌰

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Senior House & Boarders' Menu Lent 26

Week 4

Saint
John's
college school

Afternoon Tea

Saturday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Marinated Chicken
Drumsticks

Sautéed Potatoes
Sweetcorn

Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit
Fruit Crumble &
Custard



Sunday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Monday

Selection
Sandwiches
Fresh Fruit
Chocolate Chip
Cake



Baked Potato Night
Beef Chilli
Tuna Mayo
Baked Beans
Grated Cheese
Coleslaw



Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection
Sandwiches
Fresh Fruit
Shortbread



Supper

Breaded Garlic
Chicken

Quorn Dippers



Baked Wedges
Sweetcorn

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad
Chocolate Cake
with Chocolate
Sauce



Wednesday

Selection
Sandwiches
Fresh Fruit
Lemon Cake



Italian Style Baked
Fish



Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection
Sandwiches
Fresh Fruit
Cookies



Curry Night
Chicken Curry
Quorn Curry

Poppadum's
Pilau Rice
Indian Selection
Bombay Potatoes



Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection
Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Cajun Spiced Pork
Steaks

Vegetable Rice



Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Key Allergens : Celery 🌿 Wheat/Gluten 🍷 Shellfish 🐚 Eggs 🍳 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🍷 Mustard 🧄 Sesame 🌰

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Senior House & Boarders' Menu Lent 26

Week 5

Saturday

Warm Sausage Roll
with Homemade
Soup



Filled baguettes



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Turkey &
Yorkshire



Roast Potatoes
Carrots & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Tuna Baguette



Baked Potato with
Beans & Cheese



Moroccan Spiced
Roast Vegetables
with Cous Cous



Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Chocolate Sponge



Yoghurt Corner



Tuesday

Cheese Wraps



Jumbo Pork Sausage
& Yorkshire



Vegie Sausages &
Yorkshire



Mash
Carrots & Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Rice Pudding



Yoghurt Corner



Wednesday

Pasta Bolognaise
with Garlic Bread



Tomato & Basil
Pasta with Garlic
Bread



Italian Style Baked
White Fish with Olives
& Tomato



New Potatoes
Broccoli & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Fruit Crumble



Yoghurt Corner



Thursday

Soup & Melt Day

Tomato Soup

French Onion Soup

Ham Melt
Tuna Melt
Cheese Melt



Mixed Salad Bar
Cold Meats



Bread Selection



Chocolate Crispy

Yoghurt Corner



Friday

Chicken Curry &
Rice



Beef Burger in soft
Bap



Beef Tomato &
Halloumi Stack with
Pesto



Chips
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Ice Cream



Yoghurt Corner



Senior House & Boarders' Menu Lent 26

Week 5

Saint
John's
college school

Afternoon Tea

Saturday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Filled baguettes



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit
Fruit Crumble &
Custard



Sunday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Monday

Selection
Sandwiches
Fresh Fruit
Flapjack



Roast Chicken with
Yorkshire

Veggie Sausage &
Yorkshire



Roast Potatoes
Red Cabbage
Peas

Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection
Sandwiches
Fresh Fruit
Iced Sponge



Supper

Pepperoni Pizza

Margarita Pizza



Baked Wedges
Sweetcorn

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad
Sponge Cake &
Custard



Wednesday

Selection
Sandwiches
Fresh Fruit
Muffins



Chicken Casserole
with Root Veg

Quorn & Root Veg
Casserole



Mash
Green Beans

Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection
Sandwiches
Fresh Fruit
Shortbread



Tandoori Chicken
kebabs with Flat
Bread

Tandoori Vegetable
Kebabs with
Flatbread



Vegetable Rice
Peas



Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection
Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Roasted White Fish
with Mornay Sauce



Crushed New
Potatoes
Broccoli

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Key Allergens : Celery 🌿 Wheat/Gluten 🍷 Shellfish 🦞 Eggs 🍳 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🍷 Mustard 🌿 Sesame 🌱

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Senior House & Boarders' Menu Lent 26

Week 6

Saturday

Warm Sausage Roll
with Homemade
Soup



Filled baguettes



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Beef &
Yorkshire



Roast Potatoes
Carrots & Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Cheese Salad Wrap



Pesto Pasta & Garlic
Bread



Roasted Vegetable
Plait



New Potatoes
Peas & Corn

Mixed Salad Bar
Cold Meats



Bread Selection



Jam Sponge



Yoghurt Corner



Tuesday

Ham Salad Roll



Tandoori Chicken &
Rice



Margherita Pizza



Wedges
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Cookies



Yoghurt Corner



Wednesday

Spiced Chicken
Mayo Roll



Beef Lasagne



Tomato Pasta Bake



Broccoli & Green
Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Peach Crumble



Yoghurt Corner



Thursday

Theme Day

Mixed Salad Bar
Cold Meats



Bread Selection



Yoghurt Corner



Friday

Beef & Vegetable
Pie Pie



Jumbo Fish Finger



Quorn Curry & Rice



Chips
Baked Beans
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Flapjack



Yoghurt Corner



Senior House & Boarders' Menu Lent 26

Week 6

Saint
John's
college school

Saturday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Pasta Carbonara
with Garlic Bread



Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit
Peach Sponge &
Custard



Sunday

Selection
Sandwiches
Fresh Fruit
Homemade Cake



Monday

Selection
Sandwiches
Fresh Fruit
Shortbread



Smoked Hotdog with
Fried Onions

Veggie Hotdog with
Fried Onions



Fries
Sweetcorn

Soup & Bread
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Afternoon Tea

Tuesday

Selection
Sandwiches
Fresh Fruit
Flapjack



Breaded Cajun
Turkey Strip Fajita
Cajun Quorn Strip
Fajita



Peas

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad
Sponge Cake &
Custard



Wednesday

Selection
Sandwiches
Fresh Fruit
Citrus Cake



Noodle Bar
Chicken & Veg Broth
King Prawn & Veg
Broth
Vegetable Broth



Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection
Sandwiches
Fresh Fruit
Muffins



Pasta Night
Bolognese Sauce
Chicken Aribiatta
Roasted Med Veg in
Tomato Sauce



Garlic Bread
Broccoli

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection
Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Pork Gyros Kebabs

Veggie Gyros
Kebabs



Vegetable Rice
Sweetcorn

Baked Potato
Plain Pasta



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

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Boarders' Breakfast Menu

Saturday

Grilled Bacon
Chipolata Sausage
Veggie Sausage
Poached Eggs
Baked Beans



Butter Croissant
Cereals
Porridge
Toast Jam & Honey
Dried Fruits



Milk
Fruit Yoghurts
Oat Milk
Gluten Free Cereal
Soy Yoghurts



Fresh Fruit
Decaf Tea

Sunday

Grilled Bacon
Chipolata Sausage
Veggie Sausage
Fried Egg
Baked Beans



Pan au Chocolate
Cereals
Porridge
Toast Jam & Honey
Dried Fruits



Milk
Fruit Yoghurts
Oat Milk
Gluten Free Cereal
Soy Yoghurts



Fresh Fruit
Decaf Tea

Monday

Scrambled Eggs
Baked Beans
Hash Browns



Butter Croissant
Cereals
Porridge
Toast Jam & Honey
Dried Fruits



Milk
Fruit Yoghurts
Oat Milk
Gluten Free Cereal
Soy Yoghurts



Fresh Fruit
Decaf Tea

Tuesday

Grilled Bacon
Poached Egg
Baked Beans



Cereals
Porridge
Toast Jam & Honey
Dried Fruits



Milk
Fruit Yoghurts
Oat Milk
Gluten Free Cereal
Soy Yoghurts



Fresh Fruit
Decaf Tea

Wednesday

Boiled Eggs
Gammon Ham
Sliced Cheese



Pan Au Chocolate
Cereals
Porridge
Toast Jam & Honey
Dried Fruits



Milk
Fruit Yoghurts
Oat Milk
Gluten Free Cereal
Soy Yoghurts



Fresh Fruit
Decaf Tea
Apple Juice

Thursday

Chipolata Sausage
Veggie Sausage
Grilled Mushrooms
Fried Eggs



Cereals
Porridge
Toast Jam & Honey
Dried Fruits



Milk
Fruit Yoghurts
Oat Milk
Gluten Free Cereal
Soy Yoghurts



Fresh Fruit
Decaf Tea

Friday

Scramble Eggs
Baked Beans



American Pancakes
Cereals
Porridge
Toast Jam & Honey
Dried Fruits



Milk
Fruit Yoghurts
Oat Milk
Gluten Free Cereal
Soy Yoghurts



Fresh Fruit
Decaf Tea