

Byron House Menu

Week 1

Saint John's
college school

Monday	Tuesday	Wednesday	Thursday	Friday
Pesto Pasta 	Roast Chicken with Lemon & Garlic	Butcher's Pork Sausages  	Pasta Bolognese  	Baked Battered Cod  
Roasted Mediterranean Vegetable Frittata  	Falafel in Tomato Sauce 	Butcher's Beef Sausages 	Pasta with a Tomato & Basil Sauce  	Sri Lankan Vegetable Curry  
Tuna & Cucumber Baguette    		Quorn Sausages  	Cheese Salad Wrap    	
Peas Green Beans Mixed Salad	Rice Carrots Sweetcorn Mixed Salad	Roasted New Potatoes Broccoli Gravy Mixed Salad	Carrots Sweetcorn Mixed Salad	Rice or Chips Peas Baked Beans Mixed Salad
Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 
Fruit Crumble 	Sliced Fruit Loaded Yoghurt 	Shortbread Biscuits 	Sliced Fruit Loaded Yoghurt 	Ice Cream 
Sliced Fruit Yoghurt 		Sliced Fruit Yoghurt 		Sliced Fruit Yoghurt 

Key Allergens: Celery:  Gluten:  Shellfish:  Egg:  Lupin:  Soya:  Fish:  Dairy:  Molluscs:  Sulphur Dioxide:  Mustard:  Sesame: 

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Byron House Menu

Week 2

Saint John's
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Monday	Tuesday	Wednesday	Thursday	Friday
Mac 'n' Cheese  	Roast Chicken	Bolognese Pasta  	Jacket Potato Cheese  Baked Beans Tuna Mayo   	Jumbo Baked Fish Fingers     
Gnocchi in Tomato Sauce  	Mediterranean Vegetable Tart   	Pasta Carbonara  	Lamb Chilli 	Tomato, Halloumi & Pesto Stacks 
Tuna Salad Wrap    		Veggie Bolognese Pasta  	Cauliflower Cheese 	
Broccoli Sweetcorn Mixed Salad	Roast Potatoes Carrots Gravy Mixed Salad	Garlic Bread Broccoli Mixed Salad	Rice Carrots Sweetcorn Mixed Salad	Chips Peas Baked Beans Mixed Salad
Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 
Sliced Fruit Loaded Yoghurt 	Flapjack  Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 	Chocolate Cookie     Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 

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Byron House Menu

Week 3

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Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with a Tomato & Basil Sauce  	Margherita Pizza   	Roast Turkey	Beef Lasagne   	Baked Battered Cod  
Vegetable Chilli 	Cajun Spiced Chicken	Goats Cheese and Caramelised Onion Tart   	Pork Sausage Roll    	Chef's Vegetable Curry  
Mediterranean Vegetable Traybake			Veggie Lasagne   	
Rice Peas Mixed Salad	Potato Wedges Sweetcorn Mixed Salad	Roast Potatoes Carrots Peas Gravy Mixed Salad	New Potatoes Cucumber Tomatoes Olives Salad Leaves	Rice or Chips Baked Beans Sweetcorn Mixed Salad
Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 
Lemon Sponge   Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 	Chocolate Krispie  Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 	Fruit Jelly Sliced Fruit Yoghurt 


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Byron House Menu

Week 4

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Monday	Tuesday	Wednesday	Thursday	Friday
Pesto Pasta 	Chicken in a Smokey Barbeque Sauce 	Filled Baguettes     	Pasta 	Baked Jumbo Fish Fingers     
Stuffed Portobello Mushrooms  	Aubergine Parmigiana   	Cajun Pork Steak	Lamb & Beef Meatballs in a Rich Tomato Sauce 	Margherita Pizza   
Ham Salad Wrap   		Spanish Frittata  	Vegan Meatballs in a Rich Tomato Sauce  	
New Potatoes Peas Sweetcorn Mixed Salad	Rice Broccoli Green Beans Mixed Salad	New Potatoes Carrot Sticks Cucumber Mixed Salad	Mixed Salad	Chips Sweetcorn Baked Beans Mixed Salad
Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 
Sliced Fruit Loaded Yoghurt 	Chocolate Brownie  Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 	Iced Sponge   Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 

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Byron House Menu

Week 5

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Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Pasta Bake 	Taco Day	Roast Chicken	Tomato & Basil Soup 	Baked Battered Cod 
Roasted Stuffed Peppers 	Beef Chilli Vegetable Chilli 	Asparagus Tart 	Pan Seared Red Mullet 	Chef's Vegetable Curry 
Cheese Salad Baguette 	Tortilla Chips Tomato Salsa Guacamole		Cheese Melt Ham Melt Cheese & Ham Melt 	
Broccoli Mixed Salad	Rice Sweetcorn Mixed Salad	New Potatoes Mixed Vegetables Gravy Mixed Salad	Sauteed Potatoes Mixed Salad	Rice or Chips Peas Baked Beans Mixed Salad
Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 
Carrot Cake  Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 	Cherry Shortbread Biscuit  Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 	Ice Cream  Sliced Fruit Yoghurt 

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Byron House Menu

Week 6

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Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Cheese Baked Beans 	Beef Burger	Pesto Pasta 	Tandoori Chicken   	Baked Jumbo Fish Fingers     
Vegetable Chilli 	Vegetarian Burger 	Chicken Mediterranean Vegetable Pasta  	Aubergine Curry  	Vegetable Stir Fry    
Tuna Salad Wrap    		Italian Style Baked Fish  	Ham Salad Baguette 	
Rice Green Beans Mixed Salad	Potato Wedges Carrots Sweetcorn Mixed Salad	New Potatoes Broccoli Mixed Salad	Rice Peas Mixed Salad	Rice or Chips Mushy Peas Baked Beans Mixed Salad
Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 	Freshly Baked Bread 
Sliced Fruit Loaded Yoghurt 	White Chocolate Cookie     Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 	Steamed Jam Sponge    Sliced Fruit Yoghurt 	Sliced Fruit Loaded Yoghurt 

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