

## Sun Protection Policy

Schools have a responsibility to ensure that pupils are protected from overexposure to UV rays from the sun, and the National Institute for Health and Clinical Excellence (NICE) guidelines for skin cancer prevention (2011) recommend that schools “develop, implement and monitor a specially tailored policy to ensure people are protected as much as possible”. This policy will be reviewed bi-annually.

**At St John's College School, we want children and staff to enjoy the sun safely. We aim to work with staff, pupils and parents to achieve this through:**

### **EDUCATION**

- We will talk about how to be safe in the sun in an assembly during the summer term.
- Parents and guardians will be sent a letter explaining what the school is doing about sun protection and their responsibilities at the beginning of the summer term.

### **PROTECTION**

- On sunny days supervising staff will remind children that they need to seek shade during breaks, lunchtime, sports and school trips.
- Children must have a named, peaked or wide-brimmed school hat that is kept at school during the summer term & taken on school trips.
- Staff and parents are encouraged to act as good role models by practicing sun safety.
- Parents are to ensure their child has applied sunscreen (SPF 25+) before coming to school.
- Parents are to ensure that their child is able to apply his/her own sun screen to all exposed areas.
- Parents are to provide their child with a sunscreen product (SPF 25+) for use in school and on trips. This must be clearly marked with the child's name, kept in their school bag and replenished by their parents as needed.

In hot, sunny weather, children at Senior House will be expected to re-apply their own sunscreen at lunchtime, unless the school has been informed in writing by their parent that they are unable to do this. Children at Byron House may need help with the application of sunscreen; this would only be applied to exposed areas of the child. The school will keep a limited stock of sunscreen (SPF25+) available for use if a child has forgotten to bring their own sunscreen.

### **HYDRATION**

- Pupils are encouraged to bring in their own named water bottle for PE and Games lessons.
- Pupils will be encouraged to drink plenty of water during hot, sunny weather.

### **SCHOOL TRIPS**

All trips will require pupils to bring a wide-brimmed sun hat and sunscreen clearly labelled with the child's name.

Sunscreen use will be encouraged on school trips and staff organising and escorting the trip will be provided with extra sunscreen (SPF 25+) in case children forget their own. On sunny days, staff on residential trips will remind all pupils of the need to apply sunscreen each morning.

Please note that it is not expected that staff will apply sunscreen to children. Staff will encourage and supervise children to apply sunscreen themselves.