

Senior House & Boarders' Menu

Week 1

Saturday

Soup & Melts
Tomato Soup



Ham & Cheese
Melt
Cheese Melt



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Topside Beef
with Homemade
Yorkshire Pudding &
Gravy



Roast Potatoes
Green Beans &
Sweetcorn

Mixed Salad Bar
Cold Meats



Roast Potatoes
Carrot & Peas



Bread Selection



Sliced Fruit
Yoghurts



Monday

Cheese Salad Wrap



Vegie Chilli with
Tortilla Chips & Rice



Vegetable Chow
Mein



Mixed Salad Bar
Cold Meats



Peas
Rice

Bread Selection



Vanilla Sponge Cake



Sliced Fruit
Yoghurt Corner



Tuesday

Ham Salad Roll



Cajun Breaded Turkey
Escalope with Garlic &
Parsley Butter



Aubergine
Parmigiana



Mixed Salad Bar
Cold Meats



Baked Wedges
Sweetcorn
Baked Beans

Bread Selection



Apple Crumble



Sliced Fruit
Yoghurt Corner



Wednesday

Tuna Mayo Wrap



Pasta Carbonara
with Smoked Bacon



Cheese & Onion Tart



Mixed Salad Bar
Cold Meats



New Potatoes
Peas & Corn

Bread Selection



Cookies



Sliced Fruit
Yoghurt Corner



Thursday

Warm Mozzarella &
Tomato Ciabatta



Baked Fish on a Bed
of Mediterranean
Olive & Vegetable
Ratatouille



Mixed Salad Bar
Cold Meats



Cous Cous
Broccoli



Bread Selection



Chocolate Sponge



Sliced Fruit
Yoghurt Corner



Friday

Jumbo Fish Fingers



Beef Lasagne



Quorn & Vegetable
Korma with Rice



Mixed Salad Bar
Cold Meats



Chips
Baked Beans
Peas

Bread Selection



Shortbread



Sliced Fruit
Yoghurt Corner



Senior House & Boarders' Menu

Week 1

Saint John's
college school

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Shepherds Pie



Vegie Mince
Shepherds Pie



Peas & Carrots

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Panko Breaded
Chicken with Garlic
Butter



Sautéed Potatoes
Broccoli & Corn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Ginger Cake



Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Afternoon Tea

Tuesday

Selection Sandwiches
Fresh Fruit
Flapjack



Supper

Sweet Chilli Chicken
Stir Fry



Vegetable Stir Fry



Broccoli
Rice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Banana Loaf



Jumbo Hot Dog with
Fried Onions and
Ketchup



Vegie Dogs with
Fried Onions &
Ketchup



Baked Wedges
Baked Beans

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Chocolate Crispy



BBQ Pulled Pork Taco

Vegie Bean Taco



Vegetable Rice
Corn on Cobb

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Ravioli In Tomato
Sauce

Garlic Bread
Peas

Mash
Carrots & Green
Beans

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 2

Saint John's
college school

Saturday

Soup & Melts
Tomato Soup



Ham & Cheese
Melts



Cheese Melts



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Chicken &
Gravy



Quorn Chicken Fillet
& Gravy



Roast Potatoes
Cabbage
Peas

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Egg Salad Roll



Sweet 'n' Sour Quorn &
Rice



Sun Blush Tomato &
Basil Pesto Pasta



Mixed Salad Bar
Cold Meats
Rice
Peas & Corn



Bread Selection



Chocolate Brownie

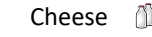


Sliced Fruit
Yoghurt Corner



Tuesday

Baked Potato with:
Beans
Cheese
Beef Chilli
Tuna Mayo
Veggie Chilli



Mixed Salad Bar
Cold Meats
New Potatoes
Rice
Broccoli



Bread Selection



Syrup Sponge



Sliced Fruit
Yoghurt Corner



Wednesday

Cheese Salad Wrap



Pork & Beef Meatballs
/Beef Meatballs with
Tomato & Basil Sauce &
Pasta



Veggie Meatballs in
Tomato & Basil Sauce



Mixed Salad Bar
Cold Meats
Sweetcorn



Bread Selection



Flapjack



Sliced Fruit
Yoghurt Corner



Thursday

Tuna Roll



Roast Turkey Crown

Red Leicester Tart



Mixed Salad Bar
Cold Meats
Roasted New
Potatoes
Carrots & Green
Beans



Bread Selection



Fruit Crumble



Sliced Fruit
Yoghurt Corner



Friday

Pizza Day

Margarita Pizza

Pepperoni Pizza

Ham & Pineapple Pizza

Mixed Salad Bar
Cold Meats
Chips
Sweetcorn



Bread Selection



Ice Cream



Sliced Fruit
Yoghurt Corner



Senior House & Boarders' Menu

Week 2

Saint John's
college school

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake

Monday

Selection Sandwiches
Fresh Fruit
Cherry Cake

Afternoon Tea

Tuesday

Selection Sandwiches
Fresh Fruit
Shortbread

Wednesday

Selection Sandwiches
Fresh Fruit
Lemon Drizzle Cake

Thursday

Selection Sandwiches
Fresh Fruit
Blueberry Muffin

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For Boarders

Supper

Beef & Vegetable Pie

Chicken & Chorizo Pasta Bake & Garlic Bread

Boarders' Choice

Breaded Chicken Breast with Garlic & Herb Butter

Ham, Egg & Chips

Quiche Lorraine with Smoked Bacon

Lasagne with Garlic Bread

Quorn & Vegetable Pie

Pesto Pasta & Garlic Bread

Quorn Dipper

Cheese Omelette

Vegetable Frittata

Veggie Mince Lasagne with Garlic Bread

Mash Peas & Carrots

Broccoli

Sautéed Potatoes Peas & Corn

Chips Coleslaw

New Potatoes Broccoli

Peas

Salad Bar Cold Meats Bread and Spreads

Salad Bar Cold Meats Bread and Spreads

Salad Bar Cold Meats Bread and Spreads

Salad Bar Cold Meats Bread and Spreads

Salad Bar Cold Meats Bread and Spreads

Salad Bar Cold Meats Bread and Spreads

Salad Bar Cold Meats Bread and Spreads

Fresh Sliced Fruit

Fresh Fruit Salad

Fresh Sliced Fruit

Fresh Fruit Salad

Fresh Sliced Fruit

Fresh Fruit Salad

Fresh Sliced Fruit

Key Allergens : Celery Wheat/Gluten Shellfish Eggs Lupin Soya Fish Dairy Molluscs Sulphur Dioxide Mustard Sesame

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CATERING SERVICES

Senior House & Boarders' Menu

Week 3

Saturday

Baked Potato with Beans
Cheese
Tuna



Mixed Salad Bar
Cold Meats



Bread Selection

Sliced Fruit
Yoghurts

Sunday

Roast Turkey with Gravy

Vegie Sausage with Gravy



Roast Potatoes
Carrots & Peas

Mixed Salad Bar
Cold Meats
Roast Potatoes
Peas & Green Beans



Bread Selection

Sliced Fruit
Yoghurts

Monday

Egg Salad Baguette



Mac 'n' Cheese



Smoked Salmon Tart



Mixed Salad Bar
Cold Meats
New Potatoes
Broccoli & Peas



Bread Selection

Baked Apple Tart

Sliced Fruit
Yoghurt Corner

Tuesday

Cheese Salad Wrap



BBQ Pulled Pork Bap



Falafels with Sweet Chilli Dip & Rice



Mixed Salad Bar
Cold Meats
Baked Wedges
Sweetcorn



Bread Selection

Fruit Jelly

Sliced Fruit
Yoghurt Corner

Wednesday

Tuna Mayo Roll



Pasta Bolognese with Garlic Bread



Spinach & Ricotta Ravioli



Mixed Salad Bar
Cold Meats
Rice
Green Beans & Corn



Bread Selection

Spiced Pears

Sliced Fruit
Yoghurt Corner

Thursday

Soup & Melts

Tomato & Basil Soup



Chicken & Mushroom Soup

Melts
Ham
Tuna
Cheese



Mixed Salad Bar
Cold Meats
Peas



Bread Selection

iced Sponge
Cake

Sliced Fruit
Yoghurt Corner

Friday

Fish Fingers with Tomato Ketchup



Chicken Jambalaya



Quorn Dippers with Ketchup



Mixed Salad Bar
Cold Meats
Chips
Sweetcorn



Bread Selection

Chocolate Crispy

Sliced Fruit
Yoghurt Corner

Senior House & Boarders' Menu

Week 3

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Breaded Chicken with Garlic Butter



Quorn Dippers with Garlic Butter



Sautéed Potatoes
Corn on Cobb

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Beef & Pork Meatballs with Tomato Sauce and Pasta



Veggie Meatballs with Tomato Sauce & Pasta



Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Flapjack



Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection Sandwiches
Fresh Fruit
Sultana Cake



Supper

Lamb Chilli Enchiladas



Cajun Vegetables Fenchiladas



Rice
Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Chocolate Brownie



Breaded Turkey Burger in Soft Bap with Crispy Lettuce



Veggie Burger in Soft Bap with Crispy Lettuce



Sautéed Potatoes
Coleslaw
Sweetcorn



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Cookies



Beef Balti with Rice & Poppadum



Quorn Korma with Rice & Poppadum



Peas

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For Boarders



Baked Salmon with Dill Butter



Vegetable Plait



Baked New Potatoes
Carrots & Corn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 4

Saint John's
college school

Saturday

Homemade Sausage Rolls



Cheese & Onion Pastry



Baked Wedges

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Topside Beef with
Yorkshire Pudding



Roasted Root Veg Filled
Yorkshire Pudding



Roast Potatoes
Carrots & Green Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Tuna Salad Wrap



Margarita Pizza



Vegetable Risotto



Baked Wedges
Sweetcorn

Mixed Salad Bar
Cold Meats



Bread Selection



Apple Crumble



Sliced Fruit
Yoghurt Corner



Tuesday

Pork or Beef Sausages



Chicken Curry with Rice
& Mango Chutney



Veggie Jambalaya



Potato Wedges
Baked Beans

Mixed Salad Bar
Cold Meats



Bread Selection



Apricot Flapjack



Sliced Fruit
Yoghurt Corner



Wednesday

Egg Roll



Beef Lasagne



Halloumi & Beef Tomato
Stacks with Toast & Basil
Pesto



Sautéed Potatoes
Peas & Carrots

Mixed Salad Bar
Cold Meats



Bread Selection



Cookies



Sliced Fruit
Yoghurt Corner



Thursday

Cheese Wrap



Cajun Spiced Slow
Roasted Chicken with
Veg Rice



Sweet Potato &
Pineapple Curry & Rice



Peas & Corn

Mixed Salad Bar
Cold Meats



Bread Selection



Jam Sponge



Sliced Fruit
Yoghurt Corner



Friday

Burger Day

Beef Burger in Soft Bap
with Crispy Salad



Breaded Turkey Burger
with Soft Bap & Crispy
Salad



Veggie Burger with Soft
Bap & Salad



Fries
Baked Beans

Peas
Mixed Salad Bar
Cold Meats



Bread Selection



Shortbread



Sliced Fruit
Yoghurt Corner



Key Allergens : Celery 🌿 Wheat/Gluten 🍞 Shellfish 🐠 Eggs 🍳 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🍷 Mustard 🧄 Sesame 🌱

Senior House & Boarders' Menu

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Monday

Selection Sandwiches
Fresh Fruit
Cherry Cake



Tuesday

Selection Sandwiches
Fresh Fruit
Shortbread



Wednesday

Selection Sandwiches
Fresh Fruit
Coconut Cake



Thursday

Selection Sandwiches
Fresh Fruit
Chocolate Crispy



Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For Boarders



Supper

Chicken Korma with Poppadum's



Shepherds Pie



Tomato Smoked Chicken & Chorizo Pasta Bake



Homemade Breaded Chicken Dippers With Sweet Chilli Mayo



Beef & Pork Meatballs in Rich Tomato Sauce



Pepperoni Pizza



Veggie Korma with Poppadum's



Cheese, Onion & Potato Bake



Roasted Vegetable & Tomato Pasta Bake



Quorn Dippers with Sweet Chilli Mayo



Veggie Meatballs in Rich Tomato Sauce



Margarita Pizza



Rice Broccoli

Carrots & Peas

Green Beans & Corn

Tortilla Wraps Sautéed Potatoes Peas Coleslaw



Rice Broccoli

Baked Wedges Coleslaw Sweetcorn

Salad Bar Cold Meats Bread and Spreads



Fresh Sliced Fruit

Salad Bar Cold Meats Bread and Spreads



Fresh Fruit Salad

Salad Bar Cold Meats Bread and Spreads



Fresh Sliced Fruit

Salad Bar Cold Meats Bread and Spreads



Fresh Fruit Salad

Salad Bar Cold Meats Bread and Spreads



Fresh Sliced Fruit

Salad Bar Cold Meats Bread and Spreads



Fresh Fruit Salad

Salad Bar Cold Meats Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 5

Saturday

Soup & Melts
Tomato Soup



Ham & Cheese Melt
Cheese Melt



Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Sunday

Roast Turkey Breast
with Rich Gravy

Cheese & Lentil Loaf



Roast Potatoes
Carrots & Pea

Mixed Salad Bar
Cold Meats



Bread Selection



Sliced Fruit
Yoghurts



Monday

Egg Roll



Stuffed Peppers



Sun Dried Tomato &
Basil Pesto Pasta with
Garlic Bread



Mixed Salad Bar
Cold Meats
Rice
Green Beans & Peas



Bread Selection



Citrus Cake



Sliced Fruit
Yoghurt Corner



Tuesday

Baked Potato Day

Mild Beef Chilli



Tuna Mayo



Grated Cheese



Baked Beans

Mixed Salad Bar
Cold Meats
Sweetcorn



Bread Selection



Choc- Chip Cake



Sliced Fruit
Yoghurt Corner



Wednesday

Tuna Salad Wrap



Pasta with:
Bolognese Sauce

Tomato Sauce

Gnocchi with Tomato &
Basil Sauce



Mixed Salad Bar
Cold Meats
New Potatoes
Broccoli



Bread Selection



Flapjack



Sliced Fruit
Yoghurt Corner



Thursday

Tomato & Basil Soup



Spiced Veg Soup



Ham & Cheese Melt
Cheese Melt
Tuna Melt



Mixed Salad Bar
Vegetable Rice
Peas



Bread Selection



Apple & Pear
Crumble



Sliced Fruit
Yoghurt Corner



Friday

Tandoori Chicken & Rice



Fish Fingers



Cheese & Onion Quiche



Mixed Salad Bar
Cold Meats
Chips
Baked Bean
Sweetcorn



Bread Selection



Artic Roll



Sliced Fruit
Yoghurt Corner



Senior House & Boarders' Menu

Week 5

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Toad in the Hole with
Onion Gravy



Vegie Toad in the
Hole with Onion
Gravy



Mash
Carrots

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Spinach & Ricotta
Ravioli with Garlic
Bread



Peas & Corn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Fruit Shortbread



Boarders' Choice

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection Sandwiches
Fresh Fruit
Muffins



Supper

Chinese Chicken
Drumsticks



Quorn Dippers with
Sweet Chilli Sauce



Veg Rice
Carrots & Pea

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Spiced Apple Cake



Jumbo Battered Fish
Fingers with Tomato
Sauce



Fishless Fingers with
Tomato Sauce



Chips
Baked Beans

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Vanilla Sponge



Chilli Chicken
Enchiladas



Spicy Bean
Enchiladas



Vegetable Rice
Broccoli & Corn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Cajun Spiced Pork
Steaks



Quorn Stir Fry
Vegetables



Vegetable Noodles
Peas



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Senior House & Boarders' Menu

Week 6

Saint John's
college school

Saturday

Honey Roast Ham

Fried Eggs

Sautéed Potatoes
Baked Beans

Mixed Salad Bar
Cold Meats

Bread Selection

Sliced Fruit
Yoghurts

Sunday

Roast Chicken with
Yorkshires & Gravy

Vegetable Plait

Roast Potatoes
Green Beans & Corn

Mixed Salad Bar
Cold Meats

Bread Selection

Sliced Fruit
Yoghurts

Monday

Egg Salad Wrap

Warm Ciabatta Melts

Gnocchi in Tomato Sauce

Mixed Salad Bar
Cold Meats
Broccoli & G. Beans
New Potatoes

Bread Selection

Bakewell Tart
Sliced Fruit
Yoghurt Corner

Tuesday

Asparagus Tart

Pork Or Beef Hot Dog

Vegie Hot Dog

Mixed Salad Bar
Cold Meats
Baked Wedges
Sweetcorn

Bread Selection

Shortbread
Sliced Fruit
Yoghurt Corner

Wednesday

Pasta Day

Carbonara Sauce with
Smokey Bacon

Bolognese Sauce

Tomato & Basil Sauce

Creamy Mushroom
Sauce

Garlic Bread

Mixed Salad Bar
Cold Meat
Garden Peas

Bread Selection

Jelly
Sliced Fruit
Yoghurt Corner

Thursday

Taco Day

BBQ Pork Taco

Chilli Chicken Chicken
Taco

Vegie Chilli Taco

Salsa
Grated Chees
Hummus

Mixed Salad Bar
Cold Meats
Rice
Sweetcorn

Bread Selection

Brownie
Sliced Fruit
Yoghurt Corner

Friday

Cheese Salad Wrap

Fish Fingers

Vegie Lasagne

Mixed Salad Bar
Cold Meats
Chips
Baked Bean
Peas

Bread Selection

Ice Cream
Sliced Fruit
Yoghurt Corner

Key Allergens : Celery 🌿 Wheat/Gluten 🍞 Shellfish 🐠 Eggs 🍳 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🍷 Mustard 🧄 Sesame 🌰

Senior House & Boarders' Menu

Afternoon Tea

Saturday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Margarita Pizza



Chips
Sweetcorn

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Sunday

Selection Sandwiches
Fresh Fruit
Homemade Cake



Cottage Pie



Vegie Cottage Pie



Carrots & Peas

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Monday

Selection Sandwiches
Fresh Fruit
Flapjack



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Tuesday

Selection Sandwiches
Fresh Fruit
Choc Chip Cake



Supper

Tex Mex Night
Lamb Chilli
Pulled Cajun
Chicken



Bean Chilli
Cajun Vegetables



Tortilla Chips
Rice
Guacamole

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Wednesday

Selection Sandwiches
Fresh Fruit
Citrus Cake



Hoi Sin Chicken with
Noodles



Hoi Sin Quorn with
Vegetable Noodles



Sweetcorn



Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit

Thursday

Selection Sandwiches
Fresh Fruit
Muffin



Cheese Burger in
Soft Bap with Crispy
Lettuce



Vegie Cheese Burger
with Soft Bap &
Crispy Lettuce



Baked Wedges
Baked Beans

Salad Bar
Cold Meats
Bread and Spreads



Fresh Fruit Salad

Friday

Selection Sandwiches
Fresh Fruit
Fruit Cake
Soup & Toasties For
Boarders



Chicken Korma with Rice
& Naan Bread



Quorn Korma with Rice
& Naan Bread



Broccoli

Salad Bar
Cold Meats
Bread and Spreads



Fresh Sliced Fruit